

Ventura County

Monthly Family Budget Expenses Per Month and as a Percentage of Budget

This budget represents the total income required to cover a family's basic needs in this county through earnings only, without government benefits or supports.

	Single Adult	Single-Parent Family	Two-Parent Family (One Working)	Two-Working- Parent Family
Housing and Utilities	\$1,118	\$1,762	\$1,762	\$1,762
Food	43.5% \$268	30.7% \$577	33.8% \$773	26.7% \$773
	10.4%	10.1%	14.8%	11.7%
Child Care	\$0 0.0%	\$1,295 22.6%	\$349 6.7%	\$1,295 19.6%
Health Care (Employer-Based) Transportation	\$150	\$564	\$589	\$589
	5.8%	9.8%	11.3%	8.9%
	\$273 10.6%	\$393 6.8%	\$393 7.5%	\$510 7.7%
Miscellaneous	\$361	\$463	\$787	\$787
	14.1%	8.1%	15.1%	11.9%
Taxes	\$399	\$685	\$563	\$884
	15.5%	11.9%	10.8%	13.4%
MONTHLY TOTAL	\$2,568	\$5,741	\$5,216	\$6,601
ANNUAL TOTAL	\$30,822	\$68,889	\$62,587	\$79,209
Monthly Total With Unsubsidized Marketplace Health Care	\$2,752	\$5,753	\$5,573	\$6,964
Annual Total With Unsubsidized Marketplace Health Care	\$33,021	\$69,042	\$66,876	\$83,570

Note: All family types except "single adult" are assumed to have two children, one preschool-aged and one school-aged. Main budget totals include health care costs with employer-based health insurance, while totals with unsubsidized marketplace health care include health care costs with unsubsidized health insurance purchased on the individual marketplace (Covered California). Amounts correspond to calendar year 2017. Numbers and percentages may not sum due to rounding. For methodology details, see the full 2017 Making Ends Meet report.

This estimated family budget is from the California Budget & Policy Center report, Making Ends Meet: How Much Does It Cost to Support a Family in California? (December 2017). Visit calbudgetcenter.org/MakingEndsMeet.